



# PINK PLATOON:

A Boot Camp for Breast Cancer Survivors

**A 1-DAY WORKSHOP**

**8:30AM-2:00PM**



**AVAILABLE FOR  
COMMUNITIES ACROSS  
THE MIDWEST**

This **FREE** event for breast cancer survivors includes:

- Nutrition and exercise tips for breast cancer survivors
- Updates on common after-effects of treatment
- Optional sessions on “chemobrain”, yoga, meditation, sexual health, genetics, and more!
- Each survivor can bring one guest

**TO LEARN MORE: [SKRIGEL@KUMC.EDU](mailto:SKRIGEL@KUMC.EDU), 913-945-7534**

