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WEDNESDAY, SEPTEMBER 3, 2014

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www.lamardemocrat.com

Submissions open for Lamar Free Fair memory book

By MELODY METZGER
Lamar Democrat

The *Lamar Democrat* will be publishing its Lamar Free Fair memory book in the near future. While the *Democrat* staff was kept busy taking pictures of various events, we would like to extend this opportunity to the community to turn in any fair pictures that they see FAIR, page 4A

Free cancer screening in Pittsburg, Kan.

PITTSBURG, Kan.- Pittsburg Masonic Lodge No. 187 will host a free cancer screening from 9 a.m. to 12 noon, on Saturday, Sept. 13. The screening will be held at Via Christi Cancer Center, 1 Mt Carmel Place, and is open to the public. It is one of 11 free screenings in 2014 held across the state by the Kansas Masonic Foundation (KMF).

KMF conducts the screening see CANCER, page 4A

District governor of Rotary attends local meeting



Melody Metzger/Lamar Democrat

Dr. Thomas Carroll, left, received a certificate for 60 years of perfect attendance in Rotary on Tuesday, Aug. 26. Rotary District Governor Orr, right, was the guest speaker and presented Dr. Carroll with the award.

By MELODY METZGER
Lamar Democrat

Rotary District Governor Herbert Orr was the guest speaker at the Lamar Rotary meeting on Tuesday, Aug. 26. Orr spoke to the group regarding the need for Rotary to focus primarily on membership, along with the need to be aware of what is going on in the world and the commitment to help others. He stated that Rotary, "is not just about your club" but the need to be involved in service as a way of attracting others.

Orr joined Rotary in 1994, in the Rotary Club of Tulsa Sunrise. After becoming a member he stepped up with every opportunity that arose, eventually being named district governor

district 6110, that includes Rotary clubs in Arkansas, Kansas, Missouri and Oklahoma.

District Governor Orr has represented Rotary at 10 world conferences and has received numerous prestigious Rotary awards, including the Paul Harris Fellow.

Orr went on to tell those gathered the availability of grants and scholarships that can be obtained through Rotary. He also stated that October 24 is World Polio Day and that Rotary is still working on its eradication.

Near the close of the meeting District Governor Orr awarded Dr. Thomas Carroll with a certificate for 60 years of perfect attendance. As is tradition, the Tulsa Sunrise Club banner was then exchanged for the one

England part in ice bucket challenge



Melissa

Ryan England, an employee was recently challenged to do Challenge. England challenge Columbus Westco and Westco, also donated \$100 to the ALS with England are Rachel Keith Lemmons, right.

Nichols tabbed Republican con fill ballot vacan

By RICHARD COOPER
Democrat staff writer

LAMAR-It took seven minutes behind closed doors for the Barton County Republican Committee to select a candidate to fill the vacancy on the Republican ticket for associate circuit judge in the November 4 general election. James V. Nichols got the nod as 11 committee members supported him while eight

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Nic office paid his n tamo Dem durir peric Bo spok inter

to head uptown
got back to La-
Ko and I settled

Increase in KCP&L- Adjustment charge

approximately \$2.44 a
for the typical res-
customer in the
Missouri Public
territory.
fuel adjustment
was authorized
commission for
-GMO in a regu-
case in 2007. The
adjustment charge
the utility to pass
its costs to en-
conservation and
re in fuel use by
company. Any charg-
ing from the fuel
clause must

Sept. 27. Appraisers and
buyers of coins, gold,
silver and related items
will be on hand to assist
collectors in their hobby
endeavors. For more in-
formation contact Dave
Sorrick at 620-423-6600
or by email at daves@
pixius.net. Learn more
at www.bordertownactionhouse.com.

ishes. Use nuts to
not add to, other
foods.
perishable protein
out of the "danger
temperatures be-
40o and 140o F.
urs is the limit.
the Nutrition
label found on
packaged meats to
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or roast chicken
of frying, and re-
kin before eating,
r saturated fat and
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hot sandwiches
per, with roasted

County accounts for
1,198 recipients or 16
percent, Cedar County
for 2,969 or 22 percent,

Cancer, continued from page 1A

ings in partnership
with the Midwest Can-
cer Alliance (MCA),
the outreach arm of
The University of Kan-
sas Cancer Center and
KU Medical Center
medical staff. Accord-
ing to Brooke Gron-
man, the outreach di-
rector for MCA, more
than 3,000 Kansas
residents have attend-
ed the screenings. The
event in Pittsburg will
include skin and pros-
tate cancer screenings,
as well as bone density
tests and breast cancer
information.
Jeremy Marshall,
Master of Masonic
Lodge No. 187 says,
"This is the second
time our lodge has
hosted a screening.
We had a great turn-
out a few years ago, but
we're hoping to reach
even more people this
time around." Marshall
adds, "The doctors tell
us that about 25 per-
cent of the people who
attend the screenings
are advised to see their
local physicians be-
cause of health issues
that are spotted during
the exam."
Every year more than
two million Ameri-
cans are diagnosed
with some form of skin
cancer and one in five
Americans will de-
velop skin cancer over
the course of their life,
according to the Skin
Cancer Foundation.
Close to 9,000 Ameri-
cans die of skin can-
cer every year and the
Centers for Disease
Control reports that

Kansas has higher than
average rates of skin can-
cer in the U.S. "Melano-
mas can quickly spread
and lead to serious health
problems and even death,
so the sooner they are di-
agnosed and treated, the
better chance a patient
has of recovery," explains
dermatologist Kim Tefft,
M.D.
"The Kansas Masons
have been supporting
cancer education and
research for more than
40 years," says Robert
Shively, director of KMF.
"Cancer screenings in
towns like Pittsburg are
one of the many ways
Masons are making a dif-
ference across the state."
In addition to funding
the screenings, the KMF
created The Kansas Ma-
sonic Cancer Institute
and developed health ini-
tiatives like the Bob Dole
Prostate Cancer Research
Fund and the Oncology
Nurse Navigator and Psy-
chosocial Oncology En-
dowments at University
of Kansas Medical Cen-
ter.
"Our Lodge is proud
to provide a service like
this," says Marshall.
"These screenings for
friends and neighbors
in and around southeast
Kansas are not only free,
they also save lives."
To participate in the
screening event on Sep-
tember 13 stop by Via
Christi Cancer Center
between 9 a.m. and 12
noon. For more informa-
tion on the event in Pitts-
burg call 620-231-1180.
For information on the
Kansas Masonic Founda-
tion's other free cancer

The Muddy Creek
Journal
Albuquerque, NM

screening events in 2014
contact the Midwest
Cancer Alliance at 913-
588-4719 or the Kansas
Masonic Foundation at
785-357-7646.

Fair, continued from page 1A

took from the fair, to
possibly be published
in the 2014 edition of
the book.
This is a full color
memory book that can
be kept year round as a
souvenir of the fair.
Melissa Little will be
contacting area adver-
tisers in an effort to
provide funding for
the book and all help
in that aspect would be
appreciated. Anyone
interested in running
in the book should call
her at 417-682-5529,
ext. 62.
Pictures may be
brought by the office at
100 E. 11th St., Lamar,
or by e-mail at info@lamar-democrat.com.



DRIVE CAREFULLY!
SCHOOL'S OPEN!

